# IN THE NAME OF GOD

#### Gonorrhea

 A Common and Treatable Sexually Transmitted Infection (STI)

### Definition

Gonorrhea is a sexually transmitted infection (STI) caused by the bacterium Neisseria gonorrhoeae.

■ It spreads through unprotected sexual contact (vaginal, anal, oral) and affects both men and women.

## Affected Areas of the Body

- Urethra
- Vagina and cervix (in women)
- Rectum (anus)
- Throat
- Eyes (especially in newborns from infected mothers)

### Symptoms in Men

- Pus-like discharge from the penis
- Pain or burning during urination
- Swelling or pain in the testicles
- Sometimes no symptoms

## Symptoms in Women

- Greenish or watery vaginal discharge
- Pain or burning during urination
- Frequent urination
- Bleeding between periods or heavy periods
- Pelvic or lower abdominal pain
- Sometimes no symptoms

### Symptoms in Other Areas

- Rectum: Itching, pus-like discharge, pain during bowel movements, bleeding
- Throat: Sore throat, swelling, fever, swollen neck lymph nodes
- Eyes: Pain, swollen eyelids, pus-like discharge, sensitivity to light

### Complications

■ Infertility in both men and women

Pelvic inflammatory disease (PID) in women

Joint and organ infections

Eye infection in newborns

# Diagnosis

■ Testing samples from discharge (urine, vaginal, throat, rectal)

■ Bacterial culture or PCR test

#### **Treatment**

- Main treatment: Antibiotics (injectable or oral)
- Usually ceftriaxone injection or azithromycin tablets
- Treatment must be completed, and sexual partners should also be treated.

■ If antibiotic resistance is present, longer or alternative treatments may be needed.

#### Prevention

■ Use condoms in all sexual encounters

- Limit the number of sexual partners
- Regular screening, especially for high-risk individuals
- Inform sexual partners if infected

### **Key Points**

- Gonorrhea is treatable, but if left untreated, it can cause serious complications.
- Timely prevention and treatment are crucial.
- See a doctor if you have symptoms or have had risky contact.

## Genital Herpes

► A Common Sexually Transmitted Infection (STI)



## What is Genital Herpes?

- Genital herpes is a sexually transmitted infection caused by the herpes simplex virus (HSV).
- There are two types of HSV:
- HSV-1 (commonly causes oral herpes but can also cause genital herpes)
- HSV-2 (primarily causes genital herpes)
- The infection leads to painful sores or blisters in the genital and anal area

### How is Genital Herpes Transmitted?

- Through vaginal, anal, or oral sex with an infected person.
- The virus can be transmitted even if there are no visible sores or symptoms.
- Skin-to-skin contact with the infected area is enough for transmission

## Symptoms of Genital Herpes

- Painful blisters or sores in the genital, anal, or mouth area
- Itching or burning sensation before sores appear
- Pain during urination
- Flu-like symptoms (fever, swollen lymph nodes, body aches)
- Many people have mild symptoms or none at all

#### Recurrent Outbreaks

- After the first infection, the virus remains dormant in the body and can reactivate.
- Recurrences are usually less severe and shorter than the first outbreak.
- Triggers for recurrences: stress, illness, fatigue, menstruation, or immune suppression

# Complications

Increased risk of HIV transmission

■ In rare cases, severe infection in newborns (if mother is infected during childbirth)

Psychological impact due to stigma

# Diagnosis

Physical examination of sores

■ Laboratory tests: PCR (detects viral DNA), viral culture, or blood tests for antibodies

#### **Treatment**

- No cure for herpes, but antiviral medications (e.g., acyclovir, valacyclovir, famciclovir) can:
- Reduce severity and duration of outbreaks
- Lower the risk of transmission
  - Suppress recurrent outbreaks

#### Prevention

- Use condoms during all sexual activities (reduces but does not eliminate risk)
- Avøid sexual contact during outbreaks
- ► Inform sexual partners if you are infected
- Regular STI screening for sexually active individuals

## **Key Points**

- Genital herpes is common and manageable
- Many people have mild or no symptoms
- Early diagnosis and treatment help control the infection and reduce transmission

### **Genital Warts**

■ A Common Sexually Transmitted Infection Caused by Human Papillomavirus (HPV)



#### What are Genital Warts?

- Genital warts are soft, flesh-colored growths that appear on the genital and anal areas.
- Caused by certain types of human papillomavirus (HPV), a common sexually transmitted virus.
- They can look like small bumps or cauliflower-like clusters

#### How Are Genital Warts Transmitted?

 Spread primarily through skin-to-skin contact during vaginal, anal, or oral sex.

HPV can be transmitted even when warts or symptoms are not visible.

Both men and women can be infected

## Symptoms of Genital Warts

- Small, painless bumps or growths on the penis, vulva, vagina, cervix, anus, or surrounding areas.
- Sometimes itching, discomfort, or bleeding may occur.
- Warts may increase in size or number if untreated.

# Diagnosis

- Visual examination by a healthcare provider.
- In some cases, biopsy or HPV DNA testing may be performed.
- Colposcopy is used for cervical warts

## **Treatment Options**

- No definitive cure for HPV, but warts can be treated and removed.
- Common treatments:
- Topical medications (e.g., podophyllin, imiquimod)
- Cryotherapy (freezing warts)
- Laser therapy
- Surgical removal

#### Risk Factors

- Multiple sexual partners
- Early age of first sexual intercourse
- Weakened immune system
- Having a partner with HPV infection

# Complications

 Psychological stress and anxiety due to visible warts and stigma.

 Increased risk of cervical cancer with high-risk HPV types (different from those causing warts).

Potential transmission to sexual partners

#### Prevention

- HPV vaccination to protect against common wart-causing and cancercausing HPV types.
- Consistent use of condoms reduces but does not eliminate risk.

- Limiting number of sexual partners.
- Regular screening and early treatment.

### **Key Points**

- Genital warts are common and caused by HPV.
- Effective treatments exist, including herbal options like green tea extract.
- Prevention through vaccination and safe sex practices is essential.
- Psychological support may be needed due to emotional impact.

# Syphilis

 An Overview of Symptoms, Transmission, Treatment, and Prevention





# What is Syphilis?

Syphilis is a sexually transmitted infection caused by the bacterium \*Treponema pallidum\*.

It progresses through different stages if untreated: primary, secondary, latent, and tertiary syphilis

## How is Syphilis Transmitted?

Mainly through unprotected sexual contact (vaginal, anal, oral) with an infected person.

Can also be transmitted from mother to fetus during pregnancy (congenital syphilis).

Transmission occurs via direct contact with syphilitic sores.

# Symptoms by Stage

- Primary stage: Painless sore (chancre) at the infection site, usually genital, anal, or oral.
- Secondary stage: Skin rashes, mucous membrane lesions, fever, swollen lymph nodes, sore throat, muscle aches.
- Latent stage: No symptoms but infection remains in the body.
- Tertiary stage: Severe complications affecting heart, brain, nerves, bones, and joints.

## Diagnosis

Physical examination of sores and rashes.

Blood tests to detect antibodies against \*Treponema pallidum\*.

Darkfield microscopy of lesion samples (in some cases)

#### **Treatment**

- Early stages treated effectively with a single intramuscular injection of benzathine penicillin G (2.4 million units).
- For penicillin-allergic patients, alternatives like doxycycline or azithromycin are used.
- Late or complicated syphilis may require longer antibiotic courses.
- Treatment adherence is crucial to prevent progression and transmission.

### Prevention

- Consistent use of condoms during all sexual activities.
- Being in a mutually monogamous relationship with a tested uninfected partner.
- Regular screening for sexually transmitted infections, especially in high-risk groups.
- Avoid sharing needles or syringes.
- Pregnant women should be tested for syphilis to prevent congenital infection

# **Key Points**

- Syphilis is a serious but treatable bacterial infection.
- Early diagnosis and treatment prevent severe complications.
- Safe sex practices and regular testing are essential for prevention

# Molluscum Contagiosum

■ A Common Viral Skin Infection



## What is Molluscum Contagiosum?

- A viral skin and mucosal infection caused by the Molluscum Contagiosum Virus (MCV), a member of the poxvirus family.
- It produces small, painless, pearly or flesh-colored bumps on the skin.

 Common in children but can affect adults, especially through sexual contact

### **Transmission**

Direct skin-to-skin contact with infected lesions.

 Contact with contaminated objects such as towels, clothing, or toys.

Sexual contact is a common mode of transmission in adults

### Symptoms and Appearance

- Small, round, raised lesions with a central dimple or "umbilication."
- Lesions are usually 2-5 mm in diameter.
- Often painless, but can become itchy or irritated if scratched.
- White, cheesy core material inside the lesions
- Commonly appear in clusters or "crops," sometimes spreading along scratch lines

### **Common Locations**

In children: face, neck, armpits, arms, hands.

■ In adults: genitals, lower abdomen, inner thighs.

## Diagnosis

- Primarily clinical based on lesion appearance.
- Confirmed by skin biopsy if needed.
- Important to differentiate from other skin conditions like warts or herpes

## **Treatment Options**

- Often self-limiting; lesions may resolve spontaneously within 6 to 18 months.
- Physical removal: curettage, cryotherapy (freezing), or laser therapy.
- Topical treatments: cantharidin ("beetle juice"), tretinoin cream, imiquimod cream.
- Herbal treatments like green tea extract show promise but are less common.
- Careful removal of the central core (de-coring) can help reduce spread

### Prevention

- Avoid direct contact with lesions.
- Do not share towels, clothing, or personal items.
- Practice safe sex and avoid sexual contact during active outbreaks.
- Maintain good hygiene and clean contaminated objects regularly

## Prognosis

- Generally benign and self-limiting.
- Lesions usually disappear without scarring unless heavily scratched or infected.

Can persist for months to years in some cases, especially in immunosuppressed patients.

### **Key Points**

- Molluscum contagiosum is a common, contagious viral skin infection.
- It causes characteristic painless bumps that usually resolve on their own.
- Treatment is available but not always necessary.
- Prevention focuses on avoiding contact and maintaining hygiene.

Thank you for your attention.